

MARATHON RESTAURANT & BAR

193 A CALEDONIAN ROAD
LONDON N1 0LS
Tel. 0207 837 4499

OPEN MIDDAY TILL LATE HOURS EVERYDAY
TAKE AWAY AVAILABLE

STARTERS

- 1.1 **Lamb Sambusa** (wheat pastry filled with lamb flavoured with spices including garlic and cumin)£3.50
- 1.2 **Vegetarian Sambusa** (wheat pastry filled with lentil and bullet spiced chilli with garlic and cumin).....£3.50
- 1.3 **Spring Rolls**£3.50
- 1.4 **Salad** (lettuce, tomatoes, onions mixed with olive oil, basil and balsamic vinegar)£3.50

SIDE DISHES (VEGETARIAN)

- 2.1 **Azipha** (whole lentil, cooked with chilli pepper, garlic and other spices)£3.50
- 2.2 **Misser Wot** (cracked lentil hot wot)£3.50
- 2.3 **Cabbage WOT** (cabbage cooked with slices of potatoes and carrots)£3.50
- 2.4 **Ayib Begomen** (cottage cheese mixed with spinach and simmered with spiced butter)£3.50
- 2.5 **Spinach Wot** (spinach cooked with spiced butter).....£3.50

2.6 Fosolia (whole beans cooked with slices of carrot and spice)£3.50

2.7 Shiro Side£3.00

2.8 Any Side with ingera£5.00

WOT DISHES

3.1 Doro Wot (hot) chicken cooked with spicy Ethiopian sauce(WOT)£8.00

3.2 Doro Alich Wot (mild chicken cooked with spicy Ethiopian sauce)£8.00

3.3 Beg Wot ((hot) lamb sauce prepared with traditional berrbere (Ethiopian spiced pepper powder) spices)£8.00

3.4 Alich Beg Wot (mild fried beef sauce with spices)£8.00

3.5 Bozena Shiro (ground split peas simmered in a spicy berbere lamb sauce£8.00

3.6 Shiro (ground spleat peas simmered in a spicy berbere sauce)£7.00

3.7 Fish with salad, potatoes, carrots and beetroot£8.50

3.8 Tsome Beye-aynetu (an assortment of dishes consisting of spicy lentils, split peas and other vegetable sauces).....£7.00

3.9 Gomen Besiga spinach with lamb£8.00

3.10 Atikilt Wot (fried cubes of potatoes with traditional mild mixed vegetables sauce made with cabbage and carrots seasoned with Ethiopian spices)£7.00

FIR FIR

- 4.1 Doro Fir Fir** (a spicy chicken sauce mixed with small pieces of injera)£8.00
- 4.2 Alicha Fit Fit** (mild spicy lamb stew mixed with small pieces of injera)£8.00
- 4.3 Quanta Fir Fir** (specially prepared dried meat cooked with spicy sauce and mixed with small pieces of injera)£8.00
- 4.4 Wot Fir Fir** (lamb sauce prepared with traditional berbere (Ethiopian spiced pepper powder), spices and mixed with small pieces of injera)£8.00

TIBS

- 5.1 “Marathon” Special Tibs** (small steak of lamb cooked in red wine with onion, green bullet chilli tomato, rosemary and black pepper)£11.50
- 5.2 Zil Zil Tibs** (fried strips of beef coked with onion, black pepper and garnished with green chilli)£8.50
- 5.3 Awaze Tibs** (fried cubes of lean lamb cooked with onion, green chilli, black pepper and berbere (Ethiopian spiced pepper powder) with rice£8.50
- 5.4 Lega Tibs** (fried cubes of lean lamb cooked with onion, green bullet chilli, rosemary and black pepper) with rice£8.00
- 5.5 Goden Tibs** (fried lamb tibs coked with onion, green bullet chilli and rosemary)£8.50
- 5.6 Derek Lamb** (fried lean lamb cooked with onion, rosemary until crunchy, garnished with green chilli)£8.50

KITFO

- 6.1 “Marathon” Special Kitfo** (lean beef chopped finely, cooked with traditional spiced butter and served with home made cheese and spinach)£9.00
- 6.2 Kitfo** (lean beef chopped finely, cooked with traditional spiced butter)£8.00

SUNDRIES

- 7.1 Gored Gored** (cubed beef cooked in awaze traditional bevere sauce)£8.50
- 7.2 Dulet** (finely chopped lamb tripe and liver cooked with spiced traditional butter, onion and chilli pepper)£7.00
- 7.3 Mahiberawi** (an assortment of many dishes including kitfo, doro wot, lega & awaza tibs, cheese and tsome beye-aynetu.....£28.50

CHOICE OF DISHES FOR ASSORTMENT

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|---------------------------|----------------|
| 1. <u>Awaze Tibs</u> | - half portion |
| 2. <u>Kitfo</u> | - half portion |
| 3. <u>Lega Tibs</u> | - half portion |
| 4. <u>Beg Wot</u> | - half portion |
| 5. <u>Alicha Beg Wot</u> | - half portion |
| 6. <u>Doro Wot</u> | - half portion |
| 7. <u>Doro Alicha Wot</u> | - half portion |

Price for any TWO dishes for assortment£9.50

